

2017 CMPAL CROSS COUNTRY SCHEDULE

Tuesday, Sept. 5 4:30 p.m. @ Cole County Park
Hosted by St Joe, Jeff City
Girls race at 4:30, Boys race at 5:00

Saturday, Sept. 9 11:40 a.m. @ Linn R2 Sports Complex
Open race – Boys and Girls run together

Tuesday, Sept. 12 4:30 p.m. @ Taos Countryside Park
Hosted by St. Francis, St. Stanislaus, & IC
Girls race at 4:30, Boys race at 5:00

Wednesday, Sept. 20 4:30 p.m. Linn R2 Sports Complex
Hosted by St. George
Girls race at 4:30, Boys race at 5:00

Wednesday, Sept. 27 4:30 p.m. @ Westphalia KC Park
Hosted by Holy Family
Boys race at 4:30, Girls race at 5:00

Wednesday, Oct. 4 4:30 p.m. @ Binder Park, Jeff City
Hosted by St. Martins
Girls race at 4:30, Boys race at 5:00

Monday, Oct. 9 4:30 p.m. @ Binder Park, Jeff City
Hosted by ST. Peters JC and Trinity
Girls race at 4:30, Boys race at 5:00

Wednesday, Oct. 18 4:30 p.m. @ Cole County Park
Championship meet
Hosted by ST. Joe JC
Girls race at 4:30, Boys race at 5:00